

Girl It.

PARTICIPANT'S NAME : _____

ADDRESS: _____

Please read the following carefully, and check "I agree" when you are ready to proceed.

Liability Waiver

AGREEMENT OF RELEASE AND WAIVER OF LIABILITY

I hereby agree to the following

1. I am participating in the yoga classes and/or other yoga programs and trainings offered by Stacy Krys, Girl IT. and its owners, managers, teachers, employees, independent contractors and staff during which I will receive information and instruction about yoga and health. I recognize and acknowledge that yoga requires physical exertion that may be strenuous and may cause physical injury, and I am fully aware of the risks and hazards involved.
 2. I understand that it is my responsibility to consult with a physician prior to and regarding my participation in the yoga classes and/or other yoga programs and trainings. I represent and warrant that I am physically fit, and I have no medical condition that would prevent my full participation in the yoga classes and/or other yoga programs and trainings offered by Stacy Krys, Girl IT.
 3. In consideration of being permitted to participate in yoga classes and/or other yoga programs and trainings, I assume full responsibility for and risk of any bodily injury or property damage or loss which might occur as a result of participating in yoga classes and/or other yoga programs and trainings offered Stacy Krys, Girl IT!.
 4. In further consideration of being permitted to participate in yoga classes and/or other yoga programs and trainings, I knowingly, voluntarily and expressly waive, release and discharge INTENTION FACTOR 159 DANBURY ROAD, RIDGEFIELD, CT together with any and all of its owners, managers, teachers, employees, independent contractors and staff (the "Releasees") from all liability for any and all losses, damages, claims, demands or costs on account of injury to my person or property due to the negligence of Releasees or otherwise, that may result from my participation in the yoga classes and/or other yoga programs and trainings offered by Stacy Krys, Girl IT.
 5. I understand that on occasion Stacy Krys, Girl IT. may photograph events and classes and place such photographs on it social media sites and websites. I hereby consent to the use of my image that may appear in any such photograph.
 6. I confirm that I am at least 18 years old. I agree that if I am under the age of 18 a signed Release and Waiver of Liability by a parent/guardian will be required before being allowed to participate in any yoga classes and/or other programs and trainings with Stacy Krys, GIRL IT.
 7. I hereby agree that this Agreement of Release and Waiver of Liability is to be construed under the laws of the State of Connecticut. I have read the above release and waiver of liability and fully understand its contents. I voluntarily agree to the terms and conditions stated above. I represent that, apart from this Agreement, no oral representations, statements or inducements have been made by and of the Releasees.
- By signing below the client acknowledges she or he has read the terms of this Agreement and understands and accepts such terms fully.

Print Name: _____

Signature: _____

Date: _____